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### **Education Information**

Doctorate, Yildiz Technical University, Graduate School Of Natural And Applied Sciences, Gıda Mühendisliği, Turkey 2016 - 2021 Postgraduate, Yildiz Technical University, Graduate School Of Natural And Applied Sciences, Gıda Mühendisliği, Turkey 2014 - 2015 Undergraduate, Middle East Technical University, Faculty Of Engineering, Department Of Food Engineering, Turkey 2009 - 2014

### **Research Areas**

**Food Engineering** 

### Academic Titles / Tasks

Assistant Professor, Yildiz Technical University, Faculty Of Chemical And Metallurgical Engineering, Department Of Food Engineering, 2023 - Continues Research Assistant, Istanbul Aydin University, Faculty Of Engineering, Department Of Food Engineering, 2016 - 2017

#### Courses

**Undergraduate** ISI VE KÜTLE AKTARIMI, Undergraduate, 2024 - 2025

### **Supervised Theses**

Karasu S., Tekin Çakmak Z. H., Mikrodalga ve Ultrases Ön İşlemli Kurutma Yöntemlerinin Antosiyanince Zengin Bazı Meyvelerin Kurutma Kinetiği ve Kalite Özelliklerine Etkisi, Postgraduate, İ.AKYÜZ(Student), 2023

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- VI. Optimization of extraction parameters of protein isolate from milk thistle seed: Physicochemical and functional characteristics

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- VIII. High-beta-glucan and low-glycemic index functional bulgur produced from high-beta-glucan barley Hazal Tekin-Cakmak Z. H., Ozer C., Ozkan K., Yildirim H., Sestili F., Jilal A., Sağdıç O., Ozgolet M., Koksel H. Journal of Functional Foods, vol.112, 2024 (SCI-Expanded)
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 XVII. Capsaicin Rich Low-Fat Salad Dressing: Improvement of Rheological and Sensory Properties and Emulsion and Oxidative Stability
 Avci E., TEKİN ÇAKMAK Z. H., ÖZGÖLET M., KARASU S., Kasapoglu M. Z., Ramadan M. F., SAĞDIÇ O.
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- XXVI. Antioxidant Capacity and Profiles of Phenolic Acids in Various Genotypes of Purple Wheat P. Shamanin V., Tekin Çakmak Z. H., I. Gordeeva E., Karasu S., Pototskaya I., S. Chursin A., E. Pozherukova V., Özülkü G., I. Morgounov A., Sağdiç O., et al. FOODS, vol.11, no.16, pp.1-14, 2022 (SCI-Expanded)

- XXVII. Extraction of Natural Gum from Cold-Pressed Chia Seed, Flaxseed, and Rocket Seed Oil By-Product and Application in Low Fat Vegan Mayonnaise Hijazi T., KARASU S., Tekin-cakmak Z. H., BOZKURT F. FOODS, vol.11, no.3, 2022 (SCI-Expanded) XXVIII. Effect of different drying methods on the bioactive, microstructural, and in-vitro bioaccessibility of bioactive compounds of the pomegranate arils Ozay-Arancioglu I., BEKİROĞLU H., KARADAĞ A., SAROĞLU Ö., Tekin-çakmak Z. H., KARASU S. Food Science and Technology (Brazil), vol.42, 2022 (SCI-Expanded) XXIX. Rocket seed (Eruca sativa Mill) gum: physicochemical and comprehensive rheological characterization Kutlu G., AKÇİÇEK A., BOZKURT F., KARASU S., Tekin-Cakmak Z. H. FOOD SCIENCE AND TECHNOLOGY, vol.42, 2022 (SCI-Expanded) Oxidative stability of the salad dressing enriched by microencapsulated phenolic extracts from cold-XXX. pressed grape and pomegranate seed oil by-products evaluated using OXITEST Aksoy F. S., Tekin-Cakmak Z. H., KARASU S., Aksoy A. S. FOOD SCIENCE AND TECHNOLOGY, vol.42, 2022 (SCI-Expanded) XXXI. Berberis crataegina DC. as a novel natural food colorant source: ultrasound-assisted extraction optimization using response surface methodology and thermal stability studies Demirci M., Tomas M., Tekin-Cakmak Z. H., KARASU S. FOOD SCIENCE AND TECHNOLOGY, vol.42, 2022 (SCI-Expanded) Ultrasound-assisted vacuum drying as alternative drying method to increase drying rate and XXXII. bioactive compounds retention of raspberry Tekin Cakmak Z. H., KAYACAN ÇAKMAKOĞLU S., Avci E., SAĞDIÇ O., KARASU S. JOURNAL OF FOOD PROCESSING AND PRESERVATION, vol.45, no.12, 2021 (SCI-Expanded) XXXIII. The effect of press temperature on the total tocopherols, sterol, fatty acid, phenolic profile, in-vitro cytotoxicity assay, and anti-inflammatory activity Başdoğan H., Akman P. K., Metin Yıldırım R., Sağdıç O., Geçgel Ü., Tekın-Cakmak Z. H., Karasu S. Ciencia E Tecnologia De Alimentos, vol.1, no.1, pp.1-10, 2021 (SCI-Expanded) XXXIV. The potential use of cold-pressed pumpkin seed oil by-products in a low-fat salad dressing: The effect on rheological, microstructural, recoverable properties, and emulsion and oxidative stability Tekin-Cakmak Z. H., Atik I., KARASU S. Foods, vol.10, no.11, 2021 (SCI-Expanded) XXXV. The Effect of Cold Press Chia Seed Oil By-Products on the Rheological, Microstructural, Thermal, and Sensory Properties of Low-Fat Ice Cream Atik I., Cakmak Z. H., Avci E., KARASU S. FOODS, vol.10, no.10, 2021 (SCI-Expanded)
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## **Articles Published in Other Journals**

- I. Sürdürülebilir Bitki Bazlı Az Yağlı Salata Sos Üretimi
   Tekin Çakmak Z. H.
   JOURNAL OF ANATOLIAN ENVIRONMENTAL AND ANIMAL SCIENCES, vol.10, no.1, pp.48-55, 2025 (Peer-Reviewed)
- II. Reasons of Bitterness in Ultrafiltrated White Cheese Tekin Çakmak Z. H.
   International Journal of Innovative Studies in Sciences and Engineering Technology (IJISSET), vol.2, no.9, pp.39-44, 2016 (Peer-Reviewed Journal)

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- II. Ultrasound application for juice making Başlar M., Tekin Çakmak Z. H., Ertugay M. F.
   in: Handbook of Ultrasonics and Sonochemistry, Prof. Muthupandian Ashokkumar, Editor, Springer, London/Berlin, London, pp.1225-1246, 2016
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   Başlar M., Toker Ö. S., Karasu S., Tekin Çakmak Z. H.
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## Papers Published in Refereed Scientific Meetings

- DRYING BLOOD ORANGE SLICES USING NOVEL DRYING METHODS
   Yılmaz D., Tekin Çakmak Z. H., Karasu S.
   INTERNATIONAL CONFERENCE ON GASTRONOMY, NUTRITION AND DIETETICS, İstanbul, Turkey, 20 21
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- V. Extraction and characterization of milk thistle seed protein: An optimization study
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- VII. Development of Mediterranean cereal foods (bread and bulgur) with high beta-glucan content Tekin Çakmak Z. H., Köksel H. International Conference on Raw Material to Processed Foods, İstanbul, Turkey, 18 - 19 May 2023, pp.149-150
- VIII. Synthetic hexaploid wheats: phenolic acid composition and antioxidant capacity
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## XIV. THE EFFECT OF THE USE OF SALEP POWDER OBTAINED FROM DIFFERENT WILD ORCHID SPECIES IN TURKEY ON THE RHEOLOGICAL PROPERTIES OF ICE CREAM

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- XIX. FARKLI KURUTMA YÖNTEMLERININ NAR TANELERININ KURUMA KINETIĞİ, BİYOAKTİF BİLEŞİKLERİ, MİKROYAPISI VE FENOLİK İN-VİTRO BİYOERİŞİLEBİLİRLİĞİ ÜZERİNE ETKİSİ
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- XX. THE EFFECTS OF SOME COLD-PRESS OIL BY-PRODUCTS ON THE RHEOLOGICAL, ANTIMICROBIAL AND IN-VITRO BIO-ACCESSIBILITY PROPERTIES OF LOW FAT O/W EMULSIONS Tekin Çakmak Z. H., Karasu S.

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- XXI. THE USE OF PROPOLIS AS A NATURAL FOOD PRESERVATIVE IN CAKE PRODUCTION Avci E., Tekin Çakmak Z. H., Karasu S.
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## **Supported Projects**

Tekin Çakmak Z. H., TUBITAK Project, Glukansükraz E81 Temelli Enzim Mühendisliği ile Özgün Poli/Oligosakkaritlerin Üretilmesi ve Fonksiyonel Etkilerinin Belirlenmesi , 2021 - 2024