#### **Res. Asst. Ceren BEKTAŞ AYDIN**

#### **Personal Information**

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## **Education Information**

Postgraduate, Middle East Technical University, Graduate School Of Social Sciences, Psikolojik Danışma Ve Rehberlik, Turkey 2015 - 2018 Undergraduate, Hacettepe University, Eğitim Fakültesi, Psikolojik Danışma Ve Rehberlik, Turkey 2010 - 2014

# **Certificates, Courses and Trainings**

Vocational Training, Kabul ve Kararlılık Terapisi İleri Düzey Beceri Eğitimi/Advanced Skill Training in Acceptance and Commitment Therapy, Association for Contextual Behavioral Science and Psychotherapies, 2022

Vocational Training, Kabul ve Kararlılık Terapisi Eğitimi/Acceptance and Commitment Therapy Training, Association for Contextual Behavioral Science and Psychotherapies, 2021

Measurement and Evaluation, Eğitimde İleri Metodoloji Uygulamaları/Advanced Methodology Applications in Education, TÜBİTAK-Gaziantep Üniversitesi, 2021

Health&Medicine, Uluslararası Travma Çalışmaları Sertifika Programı-Klinik Travma Eğitimi/International Trauma Studies Certificate Program - Clinical Trauma Training, New York University International Trauma Studies Program, in collaboration with Bilgi University and World Human Relief Association, 2021

Vocational Training, Adlerian Couple Therapy, International Committee for Adlerian Summer Schools and Institutes, 2019

Vocational Training, Motivational Interviewing, International Committee for Adlerian Summer Schools and Institutes, 2019

Measurement and Evaluation, R Programlama Dili İle Veri Analizi/Data Analysis with the R Programming Language, Yıldız Teknik Üniversitesi, 2019

#### Dissertations

Postgraduate, The Relation of Family Boundary Violation to Subjective Well-Being and Trait Anxiety among Adolescents, Orta Doğu Teknik Üniversitesi, Sosyal Bilimler Enstitüsü, Psikolojik Danışma Ve Rehberlik, 2018

#### **Research Areas**

Social Sciences and Humanities, Psychology, Applied Psychology

# Academic Titles / Tasks

Research Assistant, Yildiz Technical University, Faculty Of Education, Educational Sciences, 2017 - Continues

## Published journal articles indexed by SCI, SSCI, and AHCI

- I. An Acceptance and Commitment Therapy Group Intervention for University Women Survivors of Intimate Partner Violence in Turkey: A Pilot Feasibility Study Bektaş Aydın C., Yüksel Şahin F. WOMEN'S STUDIES INTERNATIONAL FORUM, vol.109, pp.1-9, 2025 (SSCI)
- II. Effectiveness of Acceptance and Commitment Therapy on Post-Traumatic Stress Symptoms, Psychological Inflexibility, and Self-Compassion in IPV Survivor University Women Bektaş Aydın C., Şahin F. Journal of Interpersonal Violence, 2025 (SSCI)

## **Articles Published in Other Journals**

- I. Fears of Receiving and Giving Compassion and Resilience: The Mediating Role of Self-Compassion in a Collectivistic Culture Bektaş Aydın C., Deniz M. E. International Journal of Field Education, vol.10, no.3, pp.42-54, 2024 (Peer-Reviewed Journal)
- II. Attitudes toward COVID-19 vaccine: Investigating the role of COVID-19 related factors and trait personality

Deniz M. E., Bektaş Aydın C., Bırni G., Karaağaç Z. G.

Yıldız Journal of Educational Research, vol.7, no.2, pp.79-88, 2022 (Peer-Reviewed Journal)

III. One Developmental Model, Two Developmental Stages: Supervisees' Experiences of the Developmental Comprehensive Supervision Model Eryılmaz A., Bektas-Aydin C.

INTERNATIONAL JOURNAL FOR THE ADVANCEMENT OF COUNSELLING, vol.44, no.4, pp.694-719, 2022 (ESCI)

# IV. Predictors of Happiness Among Teachers and School Counselors: Job Satisfaction and Loneliness in the Workplace

Uzun G., Yıldırım Kurtuluş H., Bektaş Aydın C., Zeren Ş. G.

The Journal of Academic Social Science Studies, vol.13, no.82, pp.113-130, 2020 (Peer-Reviewed Journal)

## Books

Biyolojik Ritim, Uyku ve Rüyalar
Bektaş Aydın C., Zeren Ş. G.
in: Physiological Psychology, Doç. Dr. Şerife Gonca ZEREN, Editor, Eğiten Kitap, Ankara, pp.305-341, 2022

#### Papers Published in Refereed Scientific Meetings

I. Acceptance and Commitment Therapy for Female University Students Who Have Experienced Intimate Partner Violence: A Group Intervention Program Proposal Bektaş Aydın C., Yüksel Şahin F.

Uluslararası IX. TURKCESS Eğitim ve Sosyal Bilimler Kongresi, İstanbul, Turkey, 18 - 20 May 2023, pp.1

II. Emotional Autonomy and Cognitive Distortions As Predictors of Smartphone Addiction in Adolescents

Gökmen G., Bektaş Aydın C., Deniz M. E.

23. Uluslararası Psikolojik Danışma ve Rehberlik Kongresi, İstanbul, Turkey, 13 - 15 June 2022, pp.377-379

III. The Mediating Role of Flow and Mindfulness in the Relationship Between Cognitive Flexibility and Authenticity

Bektaş Aydın C., Gökmen G., Deniz M. E.

VIII. International TURKCESS Congress on Education and Social Sciences, Hatay, Turkey, 20 - 23 July 2022, pp.114

IV. Self-Compassion and Fear of Compassion as Predictors of Resilience

Bektaş Aydın C., Deniz M. E.

6. TURKCESS International Education and Social Sciences Congress, İstanbul, Turkey, 30 October - 01 November 2020, pp.191

# **Metrics**

Publication: 11 Citation (WoS): 2 Citation (Scopus): 2 H-Index (Scopus): 1

# Awards

Bektaş C., METU Graduate Courses Performance Award, Orta Doğu Teknik Üniversitesi/Middle East Technical University, April 2017