

## Res. Asst. Gaye BİRNI

### Personal Information

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### International Researcher IDs

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Publons / Web Of Science ResearcherID: ABA-1102-2020

ScopusID: 58091088500

Yoksis Researcher ID: 328264

### Education Information

Doctorate, Yildiz Technical University, Faculty Of Education, Educational Sciences, Turkey 2021 - Continues

Postgraduate, Yildiz Technical University, Faculty Of Education, Educational Sciences, Turkey 2018 - 2021

Undergraduate, Yildiz Technical University, Faculty Of Education, Educational Sciences, Turkey 2014 - 2018

### Foreign Languages

Japanese, B1 Intermediate

English, C2 Mastery

### Certificates, Courses and Trainings

Vocational Training, MASTER COURSE TRAINING in Positive Psychotherapy - PART I, World Association for Positive and Transcultural Psychotherapy, 2023

Vocational Training, Basic Consultant of Positive Psychotherapy, World Association for Positive and Transcultural Psychotherapy, 2022

### Dissertations

Postgraduate, Investigation of relationships between married individuals' psychological well-being and marital satisfaction, self-compassion and happiness increasing strategies, Yildiz Technical University, Graduate School Of Social Sciences, Educational Sciences, 2021

### Research Areas

Applied Psychology, Guidance and Psychological Counseling

### Academic Titles / Tasks

## Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Psychological flexibility and self-critical rumination: A serial mediation between adverse childhood experiences and mental well-being in adulthood**  
Birni G., Erus S. M., Satıcı S. A., Deniz M. E.  
PERSONALITY AND INDIVIDUAL DIFFERENCES, vol.232, pp.1-6, 2025 (SSCI)
- II. **A compassion focused intervention for trait perfectionism in non-clinical settings: a pilot study**  
Birni G., Satıcı B.  
CURRENT PSYCHOLOGY, vol.43, pp.9422-9431, 2024 (SSCI)
- III. **Rebuilding wellbeing: Understanding the role of self-criticism, anger rumination, and death distress after the February 6, 2023, Türkiye Earthquake**  
Birni G., Deniz M. E., Karaağaç Z. G., Erişen Y., Kaya Y., Satıcı S. A.  
Death Studies, vol.48, no.5, pp.511-521, 2024 (SSCI)
- IV. **Self-criticism and romantic relationship satisfaction as serial mediators of links between childhood psychological maltreatment and loneliness**  
Birni G., Satıcı S. A., Deniz M. E.  
CHILD ABUSE & NEGLECT, vol.139, pp.1-8, 2023 (SSCI)

## Articles Published in Other Journals

- I. **Conceptual and Theoretical Review of Self-Worth**  
Birni G., Eryılmaz A.  
CURRENT APPROACHES IN PSYCHIATRY, vol.16, no.2, pp.327-346, 2024 (Peer-Reviewed Journal)
- II. **Exploring the Effects of Academic Achievement, Class Engagement, and its Motivations on University Students' Mental Well-being**  
Birni G.  
European Journal of Psychology and Educational Research, vol.6, no.4, pp.205-215, 2023 (Peer-Reviewed Journal)
- III. **Positive Psychotherapy perspective on suicide: Investigating suicidal thoughts and suicide probability**  
Birni G., Eryılmaz A.  
Turkish International Journal of Special Education and Guidance & Counselling (TIJSEG), vol.11, no.2, pp.135-148, 2022 (Peer-Reviewed Journal)
- IV. **Enhancing Well-being of the Married: Investigating Marital Satisfaction, Self-Compassion and Happiness Increasing Strategies**  
Birni G., Eryılmaz A.  
Türk Psikolojik Danışma ve Rehberlik Dergisi, vol.12, no.67, pp.650-668, 2022 (Scopus)
- V. **Attitudes toward COVID-19 vaccine: Investigating the role of COVID-19 related factors and trait personality**  
Deniz M. E., Bektaş Aydın C., Birni G., Karaağaç Z. G.  
Yıldız Journal of Educational Research, vol.7, no.2, pp.79-88, 2022 (Peer-Reviewed Journal)
- VI. **Multiculturalism in School Counseling in Türkiye**  
Birni G.  
AZERBAIJAN JOURNAL OF EDUCATIONAL STUDIES, vol.701, no.4, pp.121-130, 2022 (Peer-Reviewed Journal)
- VII. **School counseling in South Korea and Japan: A comparative study**  
Birni G., Karaağaç Z. G.  
Yıldız Journal of Educational Research, vol.7, no.2, pp.108-120, 2022 (Peer-Reviewed Journal)
- VIII. **INVESTIGATION OF THE RELATIONSHIPS BETWEEN VOCATIONAL HIGH SCHOOL STUDENTS' SCHOOL**

## **BURNOUT, GENDER AND SOCIAL PROBLEM SOLVING**

Eryılmaz A., Birni G., Sipahi T.

Akademik Sosyal Araştırmalar Dergisi, vol.6, no.34, pp.617-627, 2019 (Peer-Reviewed Journal)

### **Refereed Congress / Symposium Publications in Proceedings**

- I. Türkiye’de Yüksek Öğrenim Gören Yabancı Uyruklu Öğrencilerin Yaşam Doyumları ile Beş Faktörlü Kişilik Özellikleri, Psikolojik Sağlamlıkları ve Öz-Anlayışları Arasındaki İlişkinin İncelenmesi**  
Demir S., Ebibi B., Birni G.  
X. ULUSLARARASI TURKCESS EĞİTİM VE SOSYAL BİLİMLER KONGRESİ, Prizren, Kosovo, 11 - 13 July 2024, pp.31-32
- II. Faculty of Education Students' Evaluations About Addiction and Combating Addiction Course: A Qualitative Study**  
Birni G., Satıcı B.  
X. TURKCESS Eğitim ve Sosyal Bilimler Kongresi, Prizren, Kosovo, 11 - 13 July 2024, pp.1-2
- III. A Multistage Study of Enhancing Mental Well-Being in Young Researchers**  
Satıcı S. A., Deniz M. E., Kayış A. R., Satıcı B., Demirci İ., Aksu M. Ç., Okur S., Yılmaz F. B., Birni G., Kütük H., et al.  
International Conference on Social Sciences and Humanities in the 21st Century, Vienna, Austria, 24 - 26 November 2023, pp.1
- IV. ATTITUDES AND RELATIONSHIP SATISFACTION TO PARTNER VIOLENCE: MULTIPLE ROMANTIC RELATIONSHIP AND PARTNER-FOCUSED OBSESSIVE AS INTERMEDIATE COMPULSORY SYMPTOMS**  
Arı B., Alkan Ö., Yılmaz Ö., Deniz M. E., Satıcı S. A., Birni G.  
IX. Uluslararası TURKCESS Eğitim ve Sosyal Bilimler Kongresi, İstanbul, Turkey, 18 - 20 May 2023, pp.423-435
- V. COPING WITH SUICIDE: THE ROLE OF SUICIDE RELATED COPING IN REDUCING SUICIDE PROBABILITY IN A NON-CLINICAL SETTING**  
Birni G., Eryılmaz A.  
23rd WPA World Congress of Psychiatry, Vienna, Austria, 28 September - 01 October 2023
- VI. EXAMINATION OF COGNITIVE FLEXIBILITY IN ADULTS IN TERMS OF ATTACHMENT STYLES**  
Çakır K., Demir E., Tunçkılıç F. B., Satıcı S. A., Birni G.  
IX. Uluslararası TURKCESS Eğitim ve Sosyal Bilimler Kongresi, İstanbul, Turkey, 18 - 20 May 2023, pp.195-196
- VII. INVESTIGATION OF THE RELATIONSHIP BETWEEN VIRTUAL LONELINESS AND ACADEMIC DESPERATION IN UNIVERSITY STUDENTS**  
Kolkıran B., Yavuz B., Deniz M. E., Satıcı S. A., Birni G.  
IX. Uluslararası TURKCESS Eğitim ve Sosyal Bilimler Kongresi, İstanbul, Turkey, 18 - 20 May 2023, pp.404-405
- VIII. On DSM and School Counselors' Use of DSM**  
Birni G.  
VIII. International TURKCESS Congress on Education and Social Sciences, Hatay, Turkey, 20 - 23 July 2022, pp.95-100
- IX. Investigation of Positive Body Image in Adults in Terms of Fear of Compassion**  
Deniz M. E., Birni G.  
VIII. International TURKCESS Congress on Education and Social Sciences, Hatay, Turkey, 20 - 23 July 2022, pp.309-315
- X. EXAMINATION OF THE RELATIONSHIP BETWEEN MARRIED INDIVIDUAL’S STRATEGIES TO INCREASE HAPPINESS, MARRIAGE LIFE SATISFACTION, PSYCHOLOGICAL WELL-BEING AND SELF-COMPASSION LEVELS**  
Birni G., Eryılmaz A.  
VI. Turkcess 2020, 30 October 2020
- XI. A Cross-Cultural Research on Coping, Self-Compassion and Well-being: Turkish And Japanese Sample**  
Birni G., Deniz M. E.  
V. Turkcess 2019, İstanbul, Turkey, 15 September 2019

## Supported Projects

Satıcı S. A., Deniz M. E., Satıcı B., Kayış A. R., Demirci İ., Aksu M. Ç., TÜBİTAK - AB COST Project, Enhancing Mental Well-Being in Young Researchers: A Multistage Study of Psychological Resilience, Intolerance of Uncertainty and Future Anxiety, 2023 - 2026

Birni G., Demir S., Ebibi B., TUBITAK Project, Investigating the Relationship between Life Satisfaction and Five-Factor Personality Traits, Psychological Resilience and Self-Compassion of Foreign Students Receiving Higher Education in Turkey, 2023 - 2024

## Scientific Refereeing

Discover Psychology, Journal Indexed in SSCI, November 2024

MINDFULNESS, Journal Indexed in SSCI, September 2024

CURRENT PSYCHOLOGY, Journal Indexed in SSCI, September 2024

CURRENT PSYCHOLOGY, Journal Indexed in SSCI, September 2024

CURRENT PSYCHOLOGY, Journal Indexed in SSCI, September 2024

CONTEMPORARY FAMILY THERAPY, Journal Indexed in SSCI, September 2024

CURRENT PSYCHOLOGY, Journal Indexed in SSCI, August 2024

CURRENT PSYCHOLOGY, Journal Indexed in SSCI, July 2024

BMC GERIATRICS, Journal Indexed in SSCI, July 2024

MINDFULNESS, Journal Indexed in SSCI, July 2024

MINDFULNESS, Journal Indexed in SSCI, July 2024

CURRENT PSYCHOLOGY, Journal Indexed in SSCI, June 2024

CURRENT PSYCHOLOGY, Journal Indexed in SSCI, June 2024

CURRENT PSYCHOLOGY, Journal Indexed in SSCI, May 2024

CURRENT PSYCHOLOGY, Journal Indexed in SSCI, March 2024

CURRENT PSYCHOLOGY, Journal Indexed in SSCI, February 2024

CURRENT PSYCHOLOGY, Journal Indexed in SSCI, February 2024

CURRENT PSYCHOLOGY, Journal Indexed in SSCI, January 2024

MINDFULNESS, Journal Indexed in SSCI, December 2023

DEATH STUDIES, Journal Indexed in SSCI, November 2023

MINDFULNESS, Journal Indexed in SSCI, June 2023

## Tasks In Event Organizations

Deniz M. E., Polat Ü., Birni G., KARAAĞAÇ Z. G., IXth The International TURKCESS Education and Social Sciences Congress, Scientific Congress, İstanbul, Turkey, Mayıs 2023

Birni G., Veli Akademisi Mutluluk Semineri, Social Activities, İstanbul, Turkey, Kasım 2022

Deniz M. E., Ömerustaoğlu A., Polat Ü., Birni G., 6th International TURKCESS Education and Social Sciences Congress, Scientific Congress, İstanbul, Turkey, Kasım 2020

## Metrics

Publication: 23

Citation (Scopus): 12

H-Index (WoS): 1

H-Index (Scopus): 2

## **Scholarships**

2224-A - Grant Program for Participation in Scientific Meetings Abroad, TUBITAK, 2023 - 2023

## **Non Academic Experience**

Business Establishment Private, Özel Nişantaşı Koleji, Rehberlik Servisi