

Asst. Prof. Hacer YILDIRIM KURTULUŞ

Personal Information

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Education Information

Doctorate, Yildiz Technical University, Graduate School Of Social Sciences, Turkey 2016 - 2021

Postgraduate, Marmara University, Institute Of Educational Sciences, Turkey 2013 - 2016

Undergraduate, Marmara University, Ataturk Faculty Of Education, Educational Sciences, Turkey 2009 - 2013

Foreign Languages

English, B1 Intermediate

Dissertations

Doctorate, Psikolojik danışmanların süpervizörlerinin davranışları, etkili psikolojik danışman nitelikleri, mesleki kıvançları ve mesleki doyumları arasındaki ilişkilerin incelenmesi: Karma yöntem araştırması, Yildiz Technical University, Graduate School Of Social Sciences, 2021

Postgraduate, Okul öncesi kuruma devam eden 4-5 yaş grubu öğrencilerin benlik kavramı ve bağlanma stillerinin anne davranışları açısından incelenmesi, Marmara University, Institute Of Educational Sciences, 2016

Academic Titles / Tasks

Assistant Professor, Yildiz Technical University, Faculty Of Education, Educational Sciences, 2025 - Continues

Lecturer, Yildiz Technical University, Faculty Of Education, Educational Sciences, 2017 - 2025

Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Associations Between Psychological Capital, Internalizing and Externalizing Problems, Perceived Stress, Emotional, Social, and Psychological Well-Being in Adolescents**
Yıldırım M., Batmaz H., Yıldırım-Kurtuluş H., Kurtuluş E.
Youth and Society, 2025 (SSCI)
- II. **Body satisfaction, problematic smartphone use, sleep deprivation, and psychological well-being in adolescents: A half-longitudinal serial mediation study**
Yıldırım-Kurtuluş H., DENİZ M. E., SATICI S. A.
Journal of Health Psychology, 2025 (SSCI)
- III. **Inner Prosociality, Hope, Emotional Autonomy, and Subjective Well-Being in Adolescents: A Serial Mediation Model**
Eryılmaz A., Yıldırım Kurtuluş H., Yıldırım M.

YOUTH AND SOCIETY, vol.1, no.2, pp.1-2, 2024 (SSCI)

- IV. **Family communication and bi-dimensional student mental health in adolescents: A serial mediation through digital game addiction and school belongingness**
Deniz M. E., Yıldırım Kurtuluş H., Kaya Y.
PSYCHOLOGY IN THE SCHOOLS, no.0, pp.1-16, 2024 (SSCI)
- V. **A cross-sectional and longitudinal study on the mediation effect of positive and negative affects in the relationship between self-compassion and resilience in early adolescents**
Eryılmaz A., Yıldırım Kurtuluş H., Yıldırım M.
CHILDREN AND YOUTH SERVICES REVIEW, vol.161, no.107669, pp.1-11, 2024 (SSCI)
- VI. **Doomscrolling and mental well-being in social media users: A serial mediation through mindfulness and secondary traumatic stress**
Taskin S., Yildirim Kurtulus H., Satici S. A., Deniz M. E.
JOURNAL OF COMMUNITY PSYCHOLOGY, vol.52, no.3, pp.512-524, 2024 (SSCI)
- VII. **Body Appreciation, Self-Compassion, and Sexual Self-Consciousness in Women: The Example of Turkey and Azerbaijan**
Deniz M. E., Yıldırım Kurtuluş H., Rustamov E.
STUDIA PSYCHOLOGICA, vol.66, no.1, pp.77-92, 2024 (SSCI)
- VIII. **Digital game addiction, classroom engagement, sleep deprivation and mind-wandering: tests of mediating relationships with Turkish adolescents**
Yıldırım-Kurtuluş H., Kurtuluş E., Batmaz H., Yildirim M.
Australian Psychologist, 2024 (SSCI)
- IX. **School Belongingness and Internalizing and Externalizing Problems in Adolescents: Exploring the Influence of Meaningful School**
Yıldırım M., Yıldırım-Kurtuluş H., Batmaz H., Kurtuluş E.
Child Indicators Research, vol.16, no.5, pp.2125-2140, 2023 (SSCI)
- X. **Positive affect, negative affect, and psychological resilience mediate the effect of self-compassion on mental toughness: A serial mediation analysis**
ERYILMAZ A., Yıldırım-Kurtuluş H., DOENYAS C.
Psychology in the Schools, vol.60, no.8, pp.2991-3007, 2023 (SSCI)
- XI. **Self-Efficacy, Self-Love, and Fear of Compassion Mediate the Effect of Attachment Styles on Life Satisfaction: A Serial Mediation Analysis**
Deniz M. E., Yıldırım Kurtuluş H.
PSYCHOLOGICAL REPORTS, vol.0, no.0, pp.1-26, 2023 (SSCI)

Articles Published in Other Journals

- I. **Well-being in Syrian Refugee Children in Adolescence: An Experimental Mixed Method Research**
Deniz M. E., Yıldırım Kurtuluş H.
Cumhuriyet Uluslararası Eğitim Dergisi, vol.13, no.2, pp.339-352, 2024 (Peer-Reviewed Journal)
- II. **Moderating Role of Effective Counselor Characteristics in the Relationship between the Behaviors of Counselors Supervisors and their Professional Pride and Job Satisfaction**
YILDIRIM KURTULUŞ H., ŞAHİN F.
HACETTEPE UNIVERSITESI EGITIM FAKULTESI DERGISI-HACETTEPE UNIVERSITY JOURNAL OF EDUCATION, vol.38, no.3, pp.317-334, 2024 (ESCI)
- III. **Association Between Self-Esteem and Cyber Victimization: The Mediating Roles of Digital Game Playing and Cyberbullying**
ERYILMAZ A., Huebner E. S., Yildirim-Kurtulus H., Kara A.
American Journal of Health Education, 2024 (ESCI)
- IV. **Naratif (Öyküsel) Terapiye Dayalı Grupla Psikolojik Danışma Uygulamasının Ergenlerin Öfke ve Öfke İfade Tarzları Üzerindeki Etkisi: Karma Yöntem Araştırması**

Kurtuluş E., YILDIRIM KURTULUŞ H.

Kalem Uluslararası Eğitim ve İnsan Bilimleri Dergisi, vol.13, no.2, pp.667-695, 2023 (Peer-Reviewed Journal)

- V. **Yetişkinlerde Sosyal-Duygusal Yalnızlık, Manevi Duyarlık ve Yaşam Doyumunu Arasındaki İlişkilerin İncelenmesi**
YILDIRIM KURTULUŞ H., Yalçın H., Yılmaz O.
Humanistic Perspective, vol.5, pp.857-872, 2023 (Peer-Reviewed Journal)
- VI. **Evaluation of the Relationship Between Personality Characteristics and Depression, Stress, Anxiety Levels in University Students**
ERYILMAZ A., YILDIRIM KURTULUŞ H., UZUN G.
İstanbul Gelişim Üniversitesi Sosyal Bilimler Dergisi, vol.10, pp.344-358, 2023 (Peer-Reviewed Journal)
- VII. **The Effect of Social Support on Work-Life Balance: The Role of Psychological Well-Being**
KURTULUŞ E., YILDIRIM KURTULUŞ H., BİREL S., BATMAZ H.
INTERNATIONAL JOURNAL OF CONTEMPORARY EDUCATIONAL RESEARCH, vol.10, no.1, pp.239-249, 2023 (Peer-Reviewed Journal)
- VIII. **Examination of university students' experiences regarding the university adaptation process**
ERYILMAZ A., DENİZ M. E., UZUN G., YILDIRIM KURTULUŞ H.
Yıldız Journal of Educational Research Yıldız Technical University, vol.8, no.1, pp.11-27, 2023 (Peer-Reviewed Journal)
- IX. **Effectiveness of the Acceptance and Commitment Therapy-Based Intervention Program for Mothers**
Adiloğlu Z. T., Kurtuluş H.
Turkish Psychological Counseling and Guidance Journal, vol.13, no.69, pp.240-255, 2023 (Scopus)
- X. **The Relationship Between Self-Compassion And Psychological Resilience in Children: Series Multiple Mediation Analysis**
YILDIRIM KURTULUŞ H., Kurtuluş E., ÖZYURT-UYSAL Y. A.
JOURNAL OF THE HUMAN AND SOCIAL SCIENCE RESEARCHES, vol.11, pp.1947-1965, 2022 (Peer-Reviewed Journal)
- XI. **Psikolojik Danışmanlar için Kişilerarası Stres Ölçeği'nin Türk Kültürüne Uyarlanması**
Kurtuluş E., Yıldırım Kurtuluş H., Düşünceli B.
International Journal of Educational Researchers, vol.13, no.5, pp.93-108, 2022 (Peer-Reviewed Journal)
- XII. **Counselors' Views About Their Training Supervision: A Qualitative Survey**
Yıldırım Kurtuluş H., Yüksel Şahin F.
Türk Psikolojik Danışma ve Rehberlik Dergisi, vol.12, no.66, pp.363-387, 2022 (Scopus)
- XIII. **The Turkish Adaptation of The Adolescents' Appearance-Related Social Media Consciousness Scale: The Validity And Reliability Study**
YILDIRIM KURTULUŞ H., KALAY USTA T., Kurtuluş E.
KAFKAS EĞİTİM ARAŞTIRMALARI DERGİSİ, vol.9, no.2, pp.545-563, 2022 (Peer-Reviewed Journal)
- XIV. **Multidimensional Intervention Approach to Primary and Middle School Children Anxiety**
ERYILMAZ A., Yıldırım-Kurtulus H., Uzun G.
CUKUROVA UNIVERSITY FACULTY OF EDUCATION JOURNAL, vol.51, no.2, pp.1104-1127, 2022 (ESCI)
- XV. **PSİKOLOJİK DANIŞMANLARIN ETKİLİ PSİKOLOJİK DANIŞMAN NİTELİKLERİ, MESLEKİ KIVANÇLARI VE MESLEKİ DOYUMLARININ İNCELENMESİ**
YILDIRIM KURTULUŞ H., ŞAHİN F.
Ulakbilge - Sosyal Bilimler Dergisi, vol.10, no.72, pp.1-15, 2022 (Peer-Reviewed Journal)
- XVI. **YETİŞKİNLERDE BENLİK SAYGISI VE AFFETME: MERHAMETİN ARACI ROLÜNÜN İNCELENMESİ**
YILDIRIM KURTULUŞ H., BATMAZ H., ÖZYURT UYSAL Y. A., KURTULUŞ E.
Trakya Eğitim Dergisi, vol.12, no.2, pp.851-862, 2022 (Peer-Reviewed Journal)
- XVII. **The Emotions and Thoughts of Children who Continue to Secondary School and had COVID-19 Disease During COVID-19 Pandemia**
DENİZ M. E., Kurtuluş H., Uzun G.
Erzincan Üniversitesi Eğitim Fakültesi Dergisi, vol.24, no.1, pp.46-59, 2022 (Peer-Reviewed Journal)
- XVIII. **Supervision of Group Counseling Practicum with Multiple Supervision Models: Opinions of Master**

Students

YILDIRIM KURTULUŞ H., KALAY USTA T., UZUN G.

IBAD Sosyal Bilimler Dergisi, no.12, pp.560-585, 2022 (Peer-Reviewed Journal)

- XIX. **Examination of The Migration Story From Child's Perspective in the the Focus of Narrative Therapy: Syrian Refugee Children**
Kurtuluş H., KURTULUŞ E.
Humanitas - Uluslararası Sosyal Bilimler Dergisi, vol.10, no.19, pp.318-348, 2022 (Peer-Reviewed Journal)
- XX. **INVESTIGATION OF THE RELATIONSHIP BETWEEN FEAR OF HAPPINESS AND FUTURE EXPECTATION AND PSYCHOLOGICAL RESILIENGE IN ADOLESCENTS ERGENLERDE MUTLULUK KORKUSU İLE GELECEK BEKLENTİSİ VE PSİKOLOJİK SAĞLAMLIK ARASINDAKİ İLİŞKİNİN İNCELENMESİ**
DENİZ M. E., Kurtuluş H., Uzun G.
Milli Eğitim, vol.51, no.235, pp.2397-2416, 2022 (Scopus)
- XXI. **The Relationship Between Spirituality And Psychological Wellness: A Serial Multi-Mediation Analysis**
YILDIRIM KURTULUŞ H., MERAL K., KURTULUŞ E., KAHVECİ H.
INTERNATIONAL JOURNAL OF PSYCHOLOGY AND EDUCATIONAL STUDIES, 2022 (Peer-Reviewed Journal)
- XXII. **Koronavirüs (Covid-19) Geçiren Ergenlerin İzolasyon Süreci Sonrasında Hastalık Deneyimine İlişkin Görüşleri**
KURTULUŞ E., DÜŞÜNCELİ B., YILDIRIM KURTULUŞ H.
TURKISH STUDIES - EDUCATIONAL SCIENCES, vol.16, no.5, pp.2321-2340, 2021 (Peer-Reviewed Journal)
- XXIII. **A study on the counselors' levels of professional pride and job satisfaction according to certain variables**
Yıldırım-Kurtuluş H., Yüksel Şahin F.
Participatory Educational Research, vol.8, no.4, pp.1-23, 2021 (Scopus)
- XXIV. **Predictors of Happiness Among Teachers and School Counselors: Job Satisfaction and Loneliness in the Workplace**
Uzun G., Yıldırım Kurtuluş H., Bektaş Aydın C., Zeren Ş. G.
The Journal of Academic Social Science Studies, vol.13, no.82, pp.113-130, 2020 (Peer-Reviewed Journal)
- XXV. **Investigating the predictive effect of offence-specific forgiveness and assessing attributions in marriage on marital satisfaction Evlilikte suç affetme ve yüklemenin evlilik doyumu üzerindeki yordayıcı etkisi**
DENİZ M. E., Uzun G., Yıldırım Kurtuluş H.
Elementary Education Online, vol.18, no.2, pp.852-861, 2019 (Scopus)

Supported Projects

ERYILMAZ A., DENİZ M. E., YILDIRIM KURTULUŞ H., UZUN G., Project Supported by Higher Education Institutions, Yıldız Teknik Üniversitesi Öğrencilerinin Üniversite Eğitimine Uyumlarının İncelenmesi, 2021 - 2022

Metrics

Publication: 45

Citation (Scopus): 21

H-Index (Scopus): 3